



## PDG Fred Loneragan 6926 3755 0413 277 609 fredloneragan@bigpond.com

PP John Glassford 6927 6027 john@glassford.com.au

# **MOUNT KENYA 2015 ANZAC DAY CLIMB**

# A. <u>Summary of Proposed Itinerary</u>

# OPTION 1.

Sydney/Nairobi/Mombasa/Nairobi/Sydney to arrive Mombasa Wednesday the 15th April back to Nairobi Friday April 18th evening and return Sydney May 1st. This is for those who want to go to the Rotary Conference at Diani Beach from the 16th-18th. April. We have so far around 6 Rotarians in the team.

All three teams meet in Nairobi 18th April.

Overnight in Nairobi. <u>Tribe Hotel</u> or Fairview Hotel.

http://www.fairviewkenya.com/

### **OPTION 2.**

Sydney/Nairobi/Sydney to arrive around the 18th April and return Sydney May 1st. say 2 weeks maximum. Majority will probably take this option, numbers unknown at this stage. Both teams meet in Nairobi 18<sup>th</sup> April.

Overnight in Nairobi. Tribe Hotel or Fairview Hotel.

http://www.fairviewkenya.com/

# **OPTION 3 (Includes Option 1 and Option 2)**

Sydney/Mombasa/Nairobi/Cape Town/Sydney to arrive Mombasa the 15th April to Nairobi 18th evening and return to Sydney May 7<sup>th</sup> via Cape Town.

Rotary Conference 2015 Mombasa Diani Beach

{Fred Loneragan, Susan and I will be attending the District 9212 Conference.}

Overnight in Nairobi. Tribe Hotel or Fairview Hotel.

http://www.fairviewkenya.com/

#### STAGE 1. Options 1 and 2

Option 1: Sydney/Nairobi/Mombasa/Nairobi 15th April Nairobi 18th. Attend the Rotary District 9212 Conference at Diani Beach, three nights. Travel back to Nairobi on April 18<sup>th</sup>. Meet the team from Australia Option 2 and stay in Nairobi one night and then go to Mount Kenya arrive April 19th and start the climb on the 20<sup>th</sup> April.

Climbing Team 1 {Majority} will hike to Point Lenana Maximum 12 we have around 9 possible at the moment for this team.

Climbing Team 2 will climb Batian probably 4 Australian Army climbers at this stage Summit April 25th. It is hoped that both the Kenyan and Turkish Army climbers will also join us here.

Team 3 our supporters will go on safari from April 20th; I like Lewa and the area just North of Mt. Kenya on the Laikipia Plateau including the Lewa Conservancy. Then we will all meet up on our return from the climb Monday April 27th. At Lewa overnight.

#### STAGE 2. Options 1 and 2

Monday 27th April: Everyone will join the supporters' team to relax say at a lodge near Lewa or best deal on advice. Cannot afford Mount Kenya Safari Club!!!! Number of supporters is not known right now, we will see how many want to come, as a lot of interest was shown at our Kenyan Night on May 10th. for this option.

Tuesday 28<sup>th</sup> April: Both teams will visit the Oloimugi Traditional Maasai Village, near Lewa. Possible accommodation in tents overnight to be determined.

All teams travel to Nairobi as the guests of the Rotary Club of Nairobi. Wednesday 29th April.

RC Nairobi Meeting 12 for 12.30 pm Laico Regency Hotel as it is the 5th Thursday it maybe at the Furusato Restaurant in Westlands, and then visits our project in Huruma/Mathare. Thursday 30th April

END of the Rotary involvement teams at leisure until departure for Sydney May 1st. to be decided. That gives the majority two weeks in Kenya.

Options for all in Nairobi, include David Sheldrick Orphanage for Elephants, Karen Blixen Museum, Nairobi National Park, Rift Valley, Lake Nakuru, and so on. Say 2 days to see some of the areas around Nairobi.

Friday May 1st Majority travel back to Sydney.

## OPTION 3 (Includes Option 1 and Option 2)

Friday May 1st. John and Susan plus family and others, will be visiting the Ridge, the old Glassford family coffee estate, at the invitation of Kibby Karithi, whose family has owned the Ridge since 1971. Now called Karunguru Estates

### Karunguru Coffee Estates

Saturday May 2nd visit Amboseli National Game Park. Monday May 4<sup>th</sup> return to Sydney from Nairobi **OR** fly to Cape Town from Nairobi.

Tuesday May 5<sup>th</sup>. Guests of the Rotary Club of Hout Bay Meeting Tuesday night.

Wednesday May 6<sup>th</sup>. Shopping in Cape Town at leisure.

Thursday May 7<sup>th</sup>. Cape Town/Sydney.

# **B.** Details of Proposed Itinerary

### I. MOUNT KENYA CLIMB PROGRAMME

#### 1. POINT LENANA TEAM

### Point Lenana 8 Days Mt. Kenya Climb

## Sunday April 19<sup>th.</sup>

Leave Nairobi at 11.00 am to Nyeri, which normally takes 4hrs drive, arriving at 3.00 pm.

All teams to the Outspan Hotel near Nyeri

https://www.facebook.com/pages/Outspan-Hotel-Nyeri/253853651358019

Evening orientation meeting with head guide Moses Kashumba.

# DAY 1 Monday April 20th.

Mount Kenya Teams leave for Mt Kenya National Park Sirimon Gate, picnic lunch will be provided. After lunch, follow the track uphill for 10 kms, forking left at the junction to reach Old Moses camp which is situated at 3,300m.

The ascent from Sirimon gate to Old Moses is 690m. Dinner/overnight.

## DAY 2 Tuesday April 21<sup>st.</sup>

Old Moses Camp [judemeirs] 3300m-Likii North camp-3993m.

After breakfast, leave at 8.00 am, follow the directions for the direct route, until you reach the fork after one hour. The track becomes a path, and swings right and south round the head of a large valley, crossing several small streams to reach the crest of the ridge between the Otulili and Likii North Valleys. A walk of 3 to 4 hours to Likii North hut at 3,993m. Dinner/overnight.

# DAY 3 Wednesday April 22<sup>nd</sup>

Likii north 3993-Shiptons Camp-4200m.

After breakfast, ascend the west side of the Valley, over a ridge, then down into the Mackinders Valley to meet the direct route, taking one to two hours. From here, follow the Mackinders Valley to reach Shiptons camp, a total of 4 hours from Likii to Shiptons camp at 4,250m. Dinner/overnight.

## DAY 4 Thursday April 23<sup>rd</sup>

Shiptons Camp - acclimatisation day

Spend the day acclimatizing. Walk to Kami Hut down to Hauseberg Lakes (Hauseberg Tarn and Nanyuki Tarn). Walk back to Shiptons for dinner and overnight, B,L,D.

BATIAN TEAM STAYS AT KAMI HUT (Kami Hut is the base camp for climbers who are doing North Face).

# DAY 5 Friday April 24<sup>th</sup>. {ANZAC DAY IN AUSTRALIA DAWN SERVICE}

Shiptons/Point Lenana

11-12 hrs, 32km, 785m ascent

Leave at 3am up a steep stony quarry that cuts through a cliff clearing visible part towards lower Hall Tarns arriving Point Lenana at 6:30am, taking about 3hrs. After the sunrise, descend down to Mintos hut, 2hrs.

# DAY 6 Saturday April 25th ANZAC DAY 2015

Breakfast and further hrs down to Mount Meru Bandas, 2950m, for dinner and overnight,

# DAY 7 Sunday April 26th

Full day at Meru Bandas while waiting for Batian team to arrive, meet and celebrate together. FB accommodations.

### DAY 8 Monday April 27<sup>th</sup>

Mt Meru Bandas-Chogoria-Lewa

After morning breakfast, continue walking down through the bamboo and indigenous forest reach Bairunyi to meet up with your transport to Lewa. Overnight Lewa.

## DAY 9 Tuesday April 28th

Tuesday 28<sup>th</sup> April: Both teams will visit the Oloimugi Traditional Maasai Village, near Lewa. Possible accommodation in tents overnight to be determined.

### Wednesday 29th April.

All teams travel to Nairobi as the guests of the Rotary Club of Nairobi

O/N Nairobi Rotary Billets.

### Thursday 30th April

RC Nairobi Meeting 12 for 12.30 pm Laico Regency Hotel as it is the 5th Thursday it maybe at the Furusato Restaurant in Westlands, and then visits our project in Huruma/Mathare

O/N Nairobi Rotary Billets.

# Friday 1<sup>st</sup> May or Saturday 2<sup>nd</sup> May

OPTIONS 1&2 Return to Sydney

#### 2. BATIAN TEAM

### Batian via the North Face - 8 Days Mt. Kenya Climb

## Sunday April 19th.

Leave Nairobi at 11.00 am to Nyeri, which normally takes 4hrs drive, arriving at 3.00 pm.

All teams to the Outspan Hotel near Nyeri

https://www.facebook.com/pages/Outspan-Hotel-Nyeri/253853651358019

Evening orientation meeting with head guide Moses Kashumba.

## DAY 1 Monday April 20<sup>th.</sup>

Mount Kenya Teams leave for Mt Kenya National Park Sirimon Gate, picnic lunch will be provided. After lunch, follow the track uphill for 10 kms, forking left at the junction to reach Old Moses camp which is situated at 3,300m.

The ascent from Sirimon gate to Old Moses is 690m. Dinner/overnight.

# DAY 2 Tuesday April 21<sup>st.</sup>

Old Moses Camp [judemeirs] 3300m-Likii North camp-3993m.

After breakfast, leave at 8.00 am, follow the directions for the direct route, until you reach the fork after one hour. The track becomes a path, and swings right and south round the head of a large valley, crossing several small streams to reach the crest of the ridge between the Otulili and Likii North Valleys. A walk of 3 to 4 hours to Likii North hut at 3,993m. Dinner/overnight.

# DAY 3 Wednesday April 22<sup>nd</sup>

Likii north 3993-Shiptons Camp-4200m.

After breakfast, ascend the west side of the Valley, over a ridge, then down into the Mackinders Valley to meet the direct route, taking one to two hours. From here, follow the Mackinders Valley to reach Shiptons camp, a total of 4 hours from Likii to Shiptons camp at 4,250m. Dinner/overnight.

# DAY 4 Thursday April 23<sup>rd</sup>

Shiptons Camp - acclimatisation day

Spend the day acclimatizing. Walk to Kami Hut down to Hauseberg Lakes (Hauseberg Tarn and Nanyuki Tarn). Walk back to Shiptons for dinner and overnight, B,L,D.

BATIAN TEAM STAYS AT KAMI HUT (Kami Hut is the base camp for climbers who are doing North Face).

## DAY 5 Friday April 24<sup>th</sup> {ANZAC DAY IN AUSTRALIA DAWN SERVICE}

Wake up at 5.00 a.m., have tea and biscuits, then leave at 5.30 to the base of North Face, which normally takes 45 mins to 1 hour, this section is rocky and frozen screed. Continue walking until you reach the starting point of rock climbing, then start climbing at 7.00 a.m., spending a night at Firmin Tower, (10 ropes of 50m)

Dinner/overnight.

# DAY 6 Saturday April 25th ANZAC DAY 2015

From Firmin Tower continue rock climbing until you reach Batian at 5,199m, 12.00 midday, then abseil down to the bottom and walk to Shiptons camp, dinner/overnight.

## DAY 7 Sunday April 26th

After breakfast, ascend Simba col then down to Meru Mount Kenya Bandas above Chogoria, following the Gorges Valley. It will take 7 hours to reach the bandas. Dinner/ overnight.

Meet up with the Point Lenana Team and celebrate together. FB accommodations.

## DAY 8 Monday April 27th

Mt Meru Bandas-Chogoria-Lewa

After morning breakfast, continue walking down through the bamboo and indigenous forest reach Bairunyi to meet up with your transport to Lewa. Overnight Lewa.

# DAY 9 Tuesday April 28th

Tuesday 28<sup>th</sup> April: All three teams will visit the Oloimugi Traditional Maasai Village, near Lewa. Possible accommodation in tents overnight to be determined.

#### Wednesday 29th April.

All teams travel to Nairobi as the guests of the Rotary Club of Nairobi

O/N Nairobi Rotary Billets.

### **Thursday 30th April**

RC Nairobi Meeting 12 for 12.30 pm Laico Regency Hotel as it is the 5th Thursday it maybe at the Furusato Restaurant in Westlands, and then visit our project in Huruma/Mathare

O/N Nairobi Rotary Billets.

## Friday 1<sup>st</sup> May or Saturday 2<sup>nd</sup> May

OPTIONS 1&2 Return to Sydney

#### II. SAFARI TEAM PROGRAMME

# Sunday April 19th.

Leave Nairobi at 11.00 am to Nyeri, which normally takes 4hrs drive, arriving at 3.00 pm.

All teams to the Outspan Hotel near Nyeri

https://www.facebook.com/pages/Outspan-Hotel-Nyeri/253853651358019

Evening orientation meeting with head guide Moses Kashumba.

Overnight Outspan Hotel Nyeri.

Monday April 20<sup>th</sup> to Monday April 27<sup>th</sup>

On Safari.

DAY 1 Monday April 20<sup>th.</sup>

Leave the Outspan Hotel.

Travel to the Meru National Park.

Overnight Meru National Park

#### **MAJOR ATTRACTIONS**

- Former home of Joy and George Adamson and Elsa the lioness
- Views of Mt Kenya
- Rivers and riverine habitats
- Tana river
- Adamson's falls

#### **WILDLIFE**

 Grevy's Zebra, Elephants, Eland, Bush Pig, Waterbuck, Cheetah, Leopard, Reticulated Giraffe, Hippopotamus, Bohor Reedbuck, Hartebeest, Python, Puff Udder, Cobra, Buffalo, more than 427 recorded species of birds

#### **BIRDS**

More than 427 recorded species

http://www.kws.org/parks/parks\_reserves/MENP.html

## DAY 2 Tuesday April 21st.

Meru National Park

Overnight Meru National Park

# DAY 3 Wednesday April 22<sup>nd</sup>

Meru National Park

Overnight Meru National Park

## DAY 4 Thursday April 23<sup>rd</sup>

Leave Meru for Laikipia:

Ol Pejeta Bush Camp is a traditional, very comfortable tented bush camp on the banks of the Ewaso Nyiro river. Ol Pejeta Bush Camp offers guests the opportunity for a unique kind of safari experience in Kenya. Stay for a couple of nights, or join us for a four-night Interactive Conservation Safari giving new insight into modern wildlife conservation: a behind-the-scenes glimpse of daily life on this working wildlife conservancy and cattle ranch. <a href="https://www.facebook.com/OlPejetaConservancy?fref=ts">https://www.facebook.com/OlPejetaConservancy?fref=ts</a>

Ol Pajeta Conservancy

Overnight OI Pajeta Bush Camp

http://laikipiatourism.com/tented-camps/ol-pejeta-bush-camp

DAY 5 Friday April 24th

Ol Pajeta Conservancy.

Overnight OI Pajeta Bush Camp

DAY 6 Saturday April 25th ANZAC DAY 2015

Leave OI Pajeta for Lewa Conservancy

Conservation of endangered species

Lewa is home to some of Africa's critically endangered species, notably the black rhino and Grevy's zebra. The Conservancy has been hugely successful in conservation of the native black rhino and the resident population has grown at an impressive 6% per annum. Lewa plays a crucial role in rhino conservation in Kenya, facilitating the translocation of its rhino to new or previously inhabited areas and providing technical expertise to established and new rhino sanctuaries.

Lewa's Grevy's zebra population, at approximately 380 individuals, is the single largest at any one place in the world. With less than 3,000 left in the wild, the Grevy's zebra is the world's rarest zebra and the second largest equid. Lewa's Research Team carries out important monitoring and research to inform management decisions on Grevy's zebra conservation.

http://www.lewa.org/

https://www.facebook.com/LewaWildlifeConservancy?fref=ts

http://lewasafaricamp.com/

Overnight Lewa

DAY 7 Sunday April 26th

Lewa Conservancy

Overnight Lewa

# DAY 8 Monday April 27th

Meet up with both climbing teams at Lewa.

Overnight Lewa

## DAY 9 Tuesday April 28th

Leave Lewa.

Tuesday 28<sup>th</sup> April: All three teams will visit the Oloimugi Traditional Maasai Village, near Lewa. Possible accommodation in tents overnight to be determined.

## Oloimugi Traditional Maasai Village.

Located in Laikipia-Isiolo Counties-Kenya. Our main aim is environmental conservation, community development and Eco-tourism.

#### Mission

CULTURE PROMOTION, NATURE CONSERVATION AND COMMMUNITY DEVELOPMENT

### **Description**

This is an interactive arena, for all people. Come experience and conserve nature at its best. Extrablended with the rich Maasai culture. The tour resort is located

in the cool, serene environs sandwiched between Ngarendare River, Leshulugo, and Noonchobi Hills. Lewa Wildlife Conservancy and Illngwesi Lodges are our neighbours.

### **Impressum**

This is a community developer, tour and environmental conservation organization, which is non-profitable and willing to work with all people in the world irrespective of race, colour, religion...etc.

https://www.facebook.com/oloimugi.org/info

### Wednesday 29th April.

All three teams leave and travel to Nairobi as the guests of the Rotary Club of Nairobi

Overnight Nairobi Rotary Billets. TBC.

#### **Thursday 30th April**

RC Nairobi Meeting 12 for 12.30 pm Laico Regency Hotel as it is the 5th Thursday it maybe at the Furusato Restaurant in Westlands, and then visit our project in Huruma/Mathare

Overnight Nairobi Rotary Billets. TBC.

# Friday 1<sup>st</sup> May or Saturday 2<sup>nd</sup> May

OPTIONS 1&2 Return to Sydney

#### FURTHER INFORMATION.

#### 1. AIR FARES

At this time this is the best quote for direct services from Sydney to Nairobi, add on flight to Mombasa return flying with Korean Airlines and Kenyan Airlines with only one change in Seoul. The outbound flights depart on Wednesday, Friday and Sunday and the return flight from Nairobi departs on Monday, Thursday and Saturday.

Price is \$2243 per person at this current stage for the Korean Airlines Return Flight and approx.. \$350 for the return from Nairobi to Mombasa.

For the Sydney to Nairobi, Mombasa, Nairobi, Cape Town we can use South African Airlines via Perth combined with Virgin & maybe Qantas, add the Kenyan Airlines Flight return to Mombasa for around \$3400 per person.

The above give the best value for the itinerary's chosen, should the travellers not wish to go on Korean the return flight via Perth and Johannesburg to Nairobi would be around \$3000 per person with the Mombasa add on around \$350.

#### 2. CLIMBING COSTS

#### a. POINT LENANA

4 clients USD \$1,960 5-7 clients USD \$1,820 8-10 clients USD \$1,640

#### b. BATIAN

4 clients USD \$2,490 5-7 clients USD \$2,250 8-10 clients USD \$1,885

### Costs Include:

- Transport from Nairobi, to as high as possible on the mountain and return to Nairobi.
- Quality fresh food but with some prepared (client to advise any particular likes / dislikes or dietary considerations).
- Porters for all food and tentage, plus up to 15 kgs. of the clients personal equipment.
- All tents, sleeping mats, eating and cooking utensils etc.
- Services Technical guide
- Park entrance and camping fees.
- First and last night accommodation in Nairobi

#### Not Included:

- All gear and equipment, i.e. Helmet and harness, 2 x 9mm ropes, we use double rope system, slings, karabiners and other protection devices.
- Tips to porters / guides.
- Foot wear and sleeping bag

NB: Technical rock climb on Mt Kenya Climbing through the North Face best dates are 15th **July** to the end of **September. Mount Kenya Technical Climb is a Challenge.** 

- 3. SAFARI COSTS
- 4. OTHER COSTS
- 5. VISAS MEDICALS
- 6. TRAINING
- 7. NEWSLETTERS
- 8. WEB SITES AND FACEBOOK PAGE

MOUNT KENYA 2015 ANZAC DAY CLIMB WEB SITE

**MOUNT KENYA FACEBOOK PAGE** 

CONTACT JOHN GLASSFORD: 02 6927 6027 or email: john@glassford.com.au

22 Moore Street GANMAIN NSW 2702 AUSTRALIA

