#### April 2015 | Magazine MONTH EDITION



THE DISTRICT GOVERNOR  $\widetilde{\mathcal{C}}$  M A G A Z I N E

DISTRICT FOCUS WE ARE BETTER TOGETHER



# Light Up Rotary

# "Magazine"







"I am very pleased to welcome you to this 2014-15 District Conference. A District Conference is a wonderful opportunity for Rotarians and friends of Rotary to enjoy good fellowship.... I hope you have a wonderful time during your conference and that you leave ... inspired to even greater heights of service."

-Rotary International President -Gary C. K. Huang

#### **District Governor's Diary**

**16th to 18th April 2015** My wife Hiral, my daughter Keya and sons Karan and Kush look forward to spending time with you at your most memorable DCA at the **Leisure** 

Lodge & Golf Resort- Diani!

~DG- Bimal Kantaria

# From The The District Governor

Dear Fellow Rotarians,

April- the month we have all been waiting for is finally here! This is a special month for us as District 9212 and our friends from the ends of the Rotary world. The month has dawned with much excitement as Rotarians get geared up for the most memorable District Conference and Assembly.

#### Click here to register: www.d9212dca.org

April each year, is dedicated as our Magazine month. Our Rotary magazine is an important piece that has been key over the years to Rotary as a mode of communication. Each time I read our Rotary Magazine and other Districts magazines/ newsletters, I always see something new about Rotary. Magazines/Newsletters keep us informed and reminded of important dates and events every month. These pieces provide us with valuable information which positions our organization favorably. I find these pieces so important because they are delivered into my mailbox or email inbox which I read at my own pace and convenience. Simply, the magazine/ Newsletters brings Rotary International to my doorstep.

As you may have noted, I am a lover of digital communication and social media. I believe in keeping all stakeholders informed as well as letting the world know what our organization is here



**Rotary** 



for. No wonder, our District Newsletter has been revamped and rebranded to the District Governors' E-Magazine. The past 8 months have been a bliss reading and showcasing our District, projects, calenders and what our clubs are upto. I have learnt the impact of written pieces from the feedback we receive each month. Our DG E-Magazine is read in Rotary International and virtually most if not all Rotary Districts worldover.

Some Clubs in our District have been up to the task for which I commend their efforts in using this noble tool. I urge all club presidents and public relations directors to revamp your club magazines/newsletters for a fresh read. A brief story of what you have done in the month and high resolution photos will bring y our awesome Rotary Clubs and projects to the face of the world.

The Month of March has been the month of Charter nights. Celebrations of new clubs brought back such freshness and renewal to the District. I wish to thank and congratulate all District Governor's Special Representatives, Sponsor Clubs and New Clubs' Charter Presidents and Assistant Governors for your hard work towards the charters and membership growth. To all Charter members, karibuni Rotary and I look forward to meeting all of you at the District Conference & Assembly.

A big thank you to all Rotarians who turned up for *Rotarians Health & Wellness Awareness Day at Nairobi Club,* you made me proud! The event was a big success in raising awareness among Rotarians on wellness and health related issues. The event also marked 110 years of Rotary service in style.

The District Conference & Assembly begins on **16<sup>th</sup> -18<sup>th</sup> April 2015**. I request all attendees to arrive on the 16<sup>th</sup> for maximum benefit. We have a coveted array of speakers lined up for you. It has also become easier to fly to Diani as we have additional direct flights to Diani through Jambojet. If facing any difficulties regarding transport, kindly talk to our eager transport team for help.

Kindly log on to www.d9212dca.org to register or get our Conference details.

My wife Hiral, my daughter Keya and sons Karan and Kush look forward to spending time with you at your most memorable DCA at the Leisure Lodge & Golf Resort- Diani!

Runal L. Kantana

Have a pleasant Magazine read.

See you there!





Rotary

The month of April is annually designated as "Rotary's Magazine Month," an occasion to recognize and promote the reading and use of the official R.I. magazine, THE ROTARIAN, and the regional magazines.

THE ROTARIAN has been around since 1911 as the medium to communicate with Rotarians and to advance the program and Object of Rotary. A primary goal of the magazine is to support the annual theme and philosophy of the R.I. president and to disseminate information about new and special programs, major meetings and the emphasis of the several official "months" of Rotary THE ROTARIAN provides a forum in which both Rotary-related and general interest topics may be explored.

Frequently the magazine presents lively debates on topical questions. The magazine serves as an excellent source of information and ideas for programs at Rotary club meetings and district conferences. Many articles promote international fellowship, goodwill and understanding. Regular readers usually have superior knowledge of the activities of Rotary and how each Rotarian may be more fully involved in the Four Avenues of Service around the world.

In addition to THE ROTARIAN there are 27 regional magazines printed in 21 languages. Although each regional publication has its own unique style and content, they all provide Rotarians with up-to-date information and good reading in April--and all through the year

# Notice Board

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# Congratulations Newest kids on the Block

RC Mambrui sponsored by Malindi

RC Thika West Sponsored by Thika

RC Mombasa Nyali Sponsered by Mombasa

RC South Sudan Wau sponsored by Juba

RC Mombasa Downtown Sponsored by Bahari Mombasa RC Taveta Sponsored by Malindi

RC Nyeri Sponsored by Milimani

RC Nkubu Sponsored by Meru

Ġ.

Interact Club of Naivasha Girls High School sponsored by Naivasha Interact Club of Muguga Green Primary School sponsored by

Interact Clubs: Nairobi school, Kenya High, Dagoretti High

RIP Gary Huang Visits Kenya Date: 10th-12th May 2016

> Carrer Fair Venue: State House Girls High School Date: 12th May 2015 Time: 8am-3pm

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90th District Coference & Assembly Leisure Lodge Beach & Golf Resort 16th -18th April 2015 Mombasa, Kenya

Congratulations Newest kids on the Block Interact Club of Mtwapa Elite Sponsored by Mtwapa Interact Club of Comboni Sec Sch. Sponsored by Juba Interact Club of Alliance High School sponsored by Karura. Interact Club of Machakos Academy Cirls High School sponsored by Machakos RC Kiserian Sponsored by Ngong Hills RC Nzara- Sponsored by Juba Interact club of Juba Girls Secondary School Sponsored by Juba RTRCT Zitech Sponsored by Ruiru RC Mbita Mfangamano Sponsored by Kisumu Winam RC Kisumu Kit Mikayi Sponsored by Kisumu Kavirondo RC Nairobi Lavington Sponsored by Nairobi East RC Eldoret Uasin Gishu Sponsored by Nakuru RC Bungoma Sponsored by Kisumu Winam

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# Rotary International President GARY & CORINNA HUANG 10th -12th May 2015

LIGHT UP ROTARY

### **Meeting Rotarians**

Date: 11th May 2015 Venue: Lions Sightfirst Hosp Loresho Time: 6.30PM

### **High Schoolers Career Fair**

Date: 12th May 2015 Venue: State House Girls High School Time: 8AM - 3PM

# LIGHT UP ROTARY

# Meet your District Governor Elect

### Rtn. Teshome Kebede

District Governor Elect Teshome Kebede is a member of the Rotary Club of Addis Ababa Bole since 2001. He was introduced to Rotary when he was invited as a guest speaker to his current club RC Bole. He is a Paul Harris fellow with a passion for recruiting and training Rotarians in his country and beyond.

He is a graduate of the University of Addis Ababa in Business Management and a key player in trade, investment and development both on the local and global stage.

He has vast experience in both public and private sectors, and is involved in high level trade missions and delegations to various countries and negotiations around the world. He has further served as deputy director for USAID funded agribusiness and trade development program for Ethiopia as well as co-led US-AID funded multi-donor flagship development project, Agribusiness and Market Development Program as technical director for value chain developments.

His long hands-on experience, deep knowledge and insight in foreign trade, manufacturing and agribusiness development, national & regional investment and economic climate rank him among the top private sector leaders in Ethiopia.

He has a rich profile as former acting Vice President of Addis Ababa Chamber of Commerce and President of the Ethiopian Manufacturing Industries Association, President of the Commercial Graduates Association, Alternate Director of the COMESA LLPTI, member of East African region advisory council for the UK based private equity firm ACTIS, among others.

DGE Teshome has served on the board of the Commercial Bank of Ethiopia, Leather and Leather Products Technology Institute, the COMESA LLPTI and still sits on the boards of several leading Ethiopian private corporations.He currently serves as a board director for Pittards Global Sourcing Pvt Ltd Co. a world class tanning company and a leader of the Priority Sectors for Private Enterprises Program Ethiopia, a UK-AID funded project.

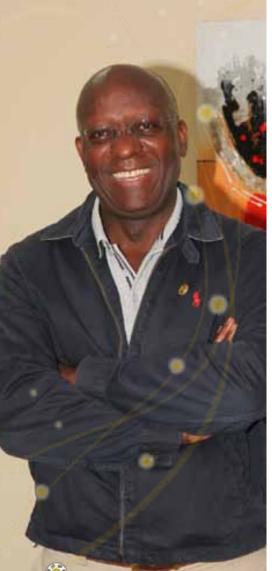
Teshome, has received many awards and recognitions for both his leadership merits in business, social works and humanitarian services as a norble RotarianHe is married to Almaz Messele and blessed with three children and six grandchildren.

Bural R. Kantana

Mr. Bimal R. Kantaria District Governor Rotary International District 9212 Kenya, Ethiopia, Eritrea and South Sudan







# Meet Your District Governor Nominee

### Rtn Richard Omwela

District Governor Nominee Richard Omwela was inducted into Rotary as a charter member of the Rotary Club of Westlands in May 1991 in District 920 (Kenya, Uganda, Tanzania, Mauritius, Seychelles, Reunion,

Ethiopia, and Eritrea). The Charter Chairman was Nalin Shretta under the District Governorship of Sir Kailash Ramdanee from Mauritius.

He believes he was selected as a charter member to complete the classifications by having an Advocate in the club. Of the 51 members, DGN Richard Omwela and Ratna Hirani are the two charter members that have remained active in the club. Richard was very instrumental in the chartering of the vibrant Rotary Clubs of Muthaiga and Industrial Area.

The able District Governor Nominee has served as Westlands Club president in 1998/1999 and eventually as an Assistant Governor. He has also served as a Group Study Exchange inbound team leader and has previously chaired a District Conference. Richard remains an active and consistent member of the Rotary Club of Westlands with exemplary credentials and recognitions in Rotary service.

Richard is a partner of the law firm of Hamilton Harrison Mathews Oraro Advocates based in Nairobi and Mombasa, Kenya. He joined the law firm after completing his law degree at the University of Nairobi in 1979. He began his successful career in the law firm as an associate and became a partner in 1986. He assumed the position of a managing partner and partner in charge of the corporate practice in 2007.

The charming Rotary District Governor Nominee chairs several boards including NAS Airport Services Limited a catering company that serves meals to all airlines departing from Kenya, ABC Bank Limited, Monarch Insurance Limited, Kenya Rugby Union, Octagon Pension Services Limited and also sits on the board of Scan Group Limited.

Richard is married to Dorothee Omwela and is a father of two adult children, Jeff, a graduate of Flying School in Florida and Alexis an architecture student at the University of Melbourne Australia.

Publisher's Note

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#### Dear Rotarians and friends,

Another month is here yet again. A month older means a month wiser as they say. I am all so excited as always, ushering our 9<sup>th</sup> District Governor's e-magazine to you our esteemed readers.

Most of your articles came in, in the first 14 days of last month, which was exceptionally good for me and my editorial team. Many thanks for your devotion in furnishing us with your great works!

As wine ages, it becomes sweeter and sweeter- any wine biber will attest to this! As the months go into our Light up Rotary Year, I realize I can never have enough of the DG E-magazine! Brilliant projects and the most captivating pictorials are before you yet again.

This month, meet our District Governor Nominee who owns a rich profile in the Rotary World. You may want to find out what PDG Geeta Manek is up to. Rotarian Hans Scholl has also graced our pages with a huge achievement- find out more!

An amazing photo gallery is well garnished with the Wellness Walkerthon delicacies. Thank you President Margaret and team, you made our pages brighter! Also, we present you with the best of Rotary fashion in our charter dinner and dance photos thanks to new Rotary Clubs throughout the District!

Because we, the editorial team, are your club ambassadors, keep us posted on all happenings in your club and communities and we will sure deliver! It is our story, we tell it ourselves! With passion and commitment to spread the good news to the world! Scribble and send to us. Our professional team will tidy it up for you.

We are always happy to hear from our friends beyond our boarders.

Your comments and complements always make us better!

Have a bliss Magazine read!

#### Stn. Sandeep Mistry

District Bulletin Chair & District Secretary

#### Editorial Team

Publisher: Sandeep MISTRY |

DCA Chair: Sundeep RAICHURA | Assistant District Secretary: Janet MATHENGE
Co Editor: Wacera KAGUNDA | Ethiopia Newsletter & Bulletin Chair | Club Coordinator: Jane Mberia
DG E-Magazine Editor/Content Director: Betty KARUU | Creative Designer: Stephen Wathuri | Photography: Laban Gitei

Rotary

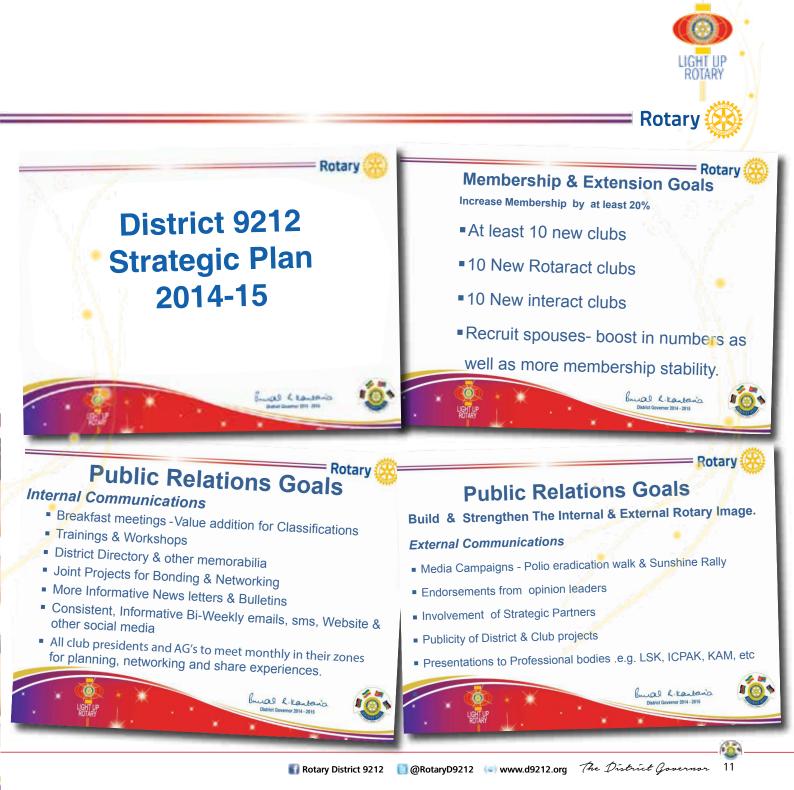


# **District 9212 Focus**

# We are better together!







To the Editor

Great ! Congratulation !! Tks ! Gary C.K. Huang Rotary International President 2014-2015

Many thanks for the interesting March edition of your monthly newsletter.

What a lovely surprise to see that you reserved one full page only for us! Thank you! And in reply to your mention of thanks, I would like to say that you are most welcome to the support we give you and that I am looking forward to chartering many more new clubs for you in the months to come.

Kind regards from sunny Zurich,

Tonja Cruse

Coordinator | English/French Team | Club & District Support

Fantastic magazines productions, hats off to your editorial team, the ongoing happenings in the Rotary Districts, the motivations set for Clubs and Rotarians. Kind regards, Rtn. Karim Kudrati. Mombasa. Kenya.

Interesting, really interesting, Thank you Bimal-ji Ayoub M Ayoub RIR-LAS P-RPIC,Zone 20B,2010-14

> What a wonderful publication, documenting the tremendous achievements by Rotarians in D9212. On behalf of my colleagues at RI Headquarters, I want to thank you and your leadership team on a remarkable year thus far! Brian

Congratulations on the fabulous job done both in documenting what has been accomplished as well as the activities throughout the month. I cannot pass without appreciating you and your team!

Thanks for sharing! Best, Seble Hailu Past Country Chair Ethiopia

#### Dear Bimal,

This an excellent edition of your district newsletter. I am sharing it with your DG classmate in D6560, my son Tom, Jr, Tom

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Si mple, informative and sophisticated. Llike it. Teshome Kebede DG D9212, 2015/16 Once again an informative inspiring newsletter. Keep up this wonderful standard of communication in Rotary.

Martin Forsyth-Thompson, PDG,D 9400,2012-13

Chair, Region 7, Southern Africa, 2014-15

Excellent and well done. Regards Shirley

I like the wall of honor. It's refreshing. Thanks for the ebulletin. I enjoy it and look forward to receiving it. Dele Balogun



### Magazine your Donors Close

#### BY Betty Karuu- PR to DG Bimal Kantaria

Ever thought of your Club/District members as your key donors? Selah! (stop and think deeply about it!)

Your club or district magazine/newsletter is a vital tool in keeping your constituents close enough to your club and projects. Like any other relationship, your relationship with your club members or donors requires nourishment and focus all the time. This is the only way to keep your donors satisfied, engaged and more importantly, giving for your projects.

Worth noting, is that many nonprofits are doing a poor job in retaining their donor base significantly. A dissatisfied donor is always likely to cut your club or organization from his list of giving next time round.

You may never fathom just how much potential there is in keeping your donors satisfied and engaged. A top notch fundraiser, Adrian Sargent, attests that a 10% improvement in donor retention can yield up to 200% increase in projected lifetime value, as with higher retention significantly more donors upgrade their giving, give in multiple ways, recommend others, and, ultimately, perhaps, pledge a planned gift to the organization."

Your monthly magazine is a vital tool for getting there.

The primary goal of having your monthly maga-

zine, is to shape or reshape your donor relationships from transactional to one that is more personal, productive and long-term which is the triad of donor retention.

Go beyond 'ASK' and start 'SHARING.' After a prompt thank you- from the heart- make a donor feel acknowledged, appreciated and right at home. Typically, as you would invite a friend over for dinner when you're ready to get one step closer. Your style, schedule, family, aesthetic and cooking finesse are all laid open during that visit. In the same way, your newsletter invites donors in to experience your organization's (and community's) personality, promises and values in a way far richer and more meaningful than ever before.

Remember, donors are intelligent and emotional human beings, they know when you mean what you say and when you don't. A timely thank you from the heart will always be well received.

Put your imagination to task as you think of your magazine. You are not the only fund raiser. Today there are many worthy nonprofits just like yours. Your donors inbox has several other mails each day requesting for help here and there, typical of our African setup. Consciously, step into your donor's shoes, identify your focus point, make your content easy to digest and remember!

Recognize your donors not only for their gifts but get interested in their personal profiles. Do not ig-

nore them! Your donors make you who your are and you depend on them to achieve your goals! Note that you need to recognize all donors irrespective of their levels of giving.

Shape your newsletter as a rich, immersive visit yet making it quick to read. Send it to ALL active and recent donors. Create a content formula which makes it easier for you to get or create the content you need on an ongoing basis, and for readers to recognize your newsletter at a glance (increasing probability that they'll read it).

Prioritize the elements donors focus on most: photos, headlines, photo captions and articles. Add important and meaningful quotes, Success stories, Donor-created content, upcoming events, Program updates, what have you accomplished and how have your donors helped, donor profiles, what's changing, why that matters and how you are adjusting.

Your donor newsletter's main job is to remind supporters that your club/organization is active in moving your cause forward. Weave your key messages—conveying your club/organization's promise, impact and appreciation of your donors—throughout all newsletters.

Magazines or Newsletters Done Right Will Help Keep Your Donors Close and increase your retention rate. Promise!

🛐 Rotary District 9212 📋 @RotaryD9212 💷 www.d9212.org The District Governor 13

# 90th District Conference & Assembly

LEISURE LODGE BEACH & GOLF RESORT 16TH -18TH APRIL 2015 MOMBASA, KENYA

We are Better Together

# Register Now



DISTRICT 9212



www.d9212dca.org

From the District Conference & Assembly chair

#### District Conference & Assembly Committe

- 1. Rtn. Sundeep Raichura DCA Chair / Member (2014-15)
- 2. Rtn. Antoinette Absaloms

DCA Vice Chair (2014-2015)

3. Rtn. Joe Nyagari Conference Secretary

- 4. Rtn. Nick Bore Program Chair
- 5. Rtn. Sandeep Mistry DS (2014-15)
- 6. Rtn. Jay Manek Rotaract DCA Liaison
- 7. Rtn. Tej Shah Conference Treasurer
- 8. Rtn. Parul Khimisa Registration and Hotel Accommodation
- 9. Rtn. Jeff Bamford Sergeant at Arms
- **10. Rtn. Cheryl D'Souza** Awards & Souvenir Magazine
- **11. Rtn. Joe Noor** DCA Website
- 12. Rtn. Khilan Shah Banqueting
- 13. Rtn. Isaac Gitoho Transport, Airport, Reception and Transfers
- **14. Rtn. Abdul Karim** House of Friendship
- **15. Rtn. Bimal Kantaria** DG 2014-15

#### Dear Rotarians and Conference Delegates,

With less than a month now to go for our District Conference, we are gearing up to welcome you at the Leisure Lodge Resort Diani. Note again the Conference dates, **16 - 18 April 2015**.

Rotarv

We are near to crossing the 400 mark for registered Conference delegates and see that many more are registering. However, I note that several Clubs have a very small number of registered delegates and some clubs have no delegates registered thus far. I must urge Rotarians who have still not registered and wish to attend the Conference to do so early.

It is said that a Rotarian gets a true appreciation of Rotary after attending a District Conference. The coming Conference is going to be a truly exceptional Conference to rekindle the Rotary in you and me and all of us.

Here is what we have in plan for you:

Stimulating presentations from seasoned Rotarians and motivational guest speakers, including a participative panel discussion on becoming an impactful Rotarian, in which you ask and tweet questions to the panel;

Personal development sessions on using social media for personal and business success and personal wellness and fitness;

Happy hour drinks and fellowship each evening;

Beach party on 17 April that is going to "wow" you.

Abysinnian night on 18 April with all things Ethiopian;

For the active, golf and games on 18 April.

Note the dress code for the Conference is smart casual. The dress code for the beach party is beach wear with flip flops and for the Abysinnian night is Ethiopian or anything white.

More than a Conference, we are looking to give you an experience that will be etched in your minds. So hurry up and register if you have not already done so!

We look forward to hosting you at the  $90^{\mbox{\tiny th}}$  DCA.

See you there.

Sundeep & Daichura

District 9212 90th DCA Chair





Songratulations

Dear Rotarian Hans Scholl,

Congratulations on your registration to The Rotary Foundation as a cadre member in Rotary's Water and Sanitation, Basic Education and Literacy, and Financial Auditing sectors.

Your new and prestigious registration means that you may be invited to serve as a technical reviewer and/or site visitor. As a technical reviewer, you will evaluate the potential of a project by conducting a paper review of the grant application and also evaluate a project's effectiveness and compliance with TRF's mission and policies.

What a joy, that one of us will now provide assistance and technical expertise to Rotarians planning and implementing projects, ensure the proper stewardship of Foundation grant funds, and assist Foundation trustees in the funding process.

As you know, you have joined a cream of volunteer Rotarians from around the world who are familiar with the grant programs and who also have technical and professional expertise in one or more of Rotary's six areas of focus.

Rtn. Hans Scholl, you always make our District proud and you have done it again, serving above self. I wish you the very best in your 3 year term as you continue to Light up Rotary!

YIR,

#### Brual R. Kantana

#### Mr Bimal R Kantaria

District Governor

Rotary International District 9212

Kenya, Ethiopia, Eritrea and South Sudan

# The Basics of Writing Short Articles

#### By Wacera Kagunda – PA to DG Bimal Kantaria

Have you been caught flat footed by being asked to submit an article for the DG's E- Magazine? Your first reaction might be to panic, but you need not worry, when you know how to do it, your club will shine when it is highlighted.

The purpose of a magazine article is to inform, educate and entertain. A good article should have all components. The following guidelines will help you come up with an article.

#### Follow guidelines.

Publishers give guidelines on the format of the article. Our DG E-magazine, requires an article to be 300 words accompanied by 3 high resolution action photos. So you ask yourself, "Where will I get 300 words from?"

#### Write what you Know

Content is generated from a point of knowledge. If you have been involved in a Club Project, write about it. For example the President of the Rotary Club of Nairobi East wrote about the Kiliclimb project monthly until it was accomplished. She had knowledge and wrote through personal experience.

#### Have a structure

An article should have a catchy beginning, middle and end! For a 300 word article, you can have 100 words per paragraph forming the sections. Ensure your story has a flow and a catchy title to draw the reader.

#### **Think About your Audience**

The DG E-magazine is read by Rotarians and non-Rotarians worldwide. Therefore write in business but catchy language. Avoid jargon as the readers are varied. If you have to, explain what the jargon means. Avoid acronyms. E.g. Do not write "TRF", instead write The Rotary Foundation.

#### It's a wrap!

After writing your article, proof read it severally for grammatical and spelling mistakes. Let an authority go over it for approval and a final thumbs up.

So go on and write!

Rotary









# Promoting Sustenance Of Jigger Eradication Efforts

Rotary Club of Kikuyu, Kenya has continued to deliver its promise of making a positive impact towards jigger eradication in Kenya. One of Districts 9212 Health focus includes anti – jigger efforts, and we are committed to reverse the negative effects of jigger infestation particularly on our children, elderly and disabled persons. Rotary Club of Kikuyu continues to pursue more preventive interventions that will impact positively on the control of jigger infestations in Kenya as guided by the recently launched National Policy on Prevention and Control of Jigger Infestation on 3rd March 2015.

The Club has started initiating supply and water harvesting project to assist jigger infested households keep better hygiene. It has also identified other interventions including, improvement and provision of toilets, shelter rehabilitation, education & social support, research & capacity building, baseline surveys and mapping.

As a means of sustaining the gains made thus far, we humbly appeal to us all to include a component of treatment and household fumigation while planning for medical camps in the various counties and to continuously offer support to the victims of jigger infestation. Let us embrace preventive and control strategies of the vulnerable persons in endemic areas. Let us ensure school children who drop out of school due to jigger infestation access fumigation in their homes and treatment so as to continue pursuing their education.

The Government of Kenya through the Ministry of Health indicates that we have about 2million jigger infested persons spread among 24 Counties. They also indicate about 10 million persons are at risk of jigger infestations if all stakeholders retract on the ongoing anti jigger campaigns and if we do not make concerted efforts to deal with the jigger menace with a multifaceted approach countrywide.

The Rotary Club of Kikuyu looks forward to work with you as we seek your support and scale up the process for approval of forming a Rotary Action Group on Jigger Eradication.

CP Jayne Ngugi

jaynengugi@yahoo.com



# Vocational Training Team (VTT) - Ethiopia

#### Ethiopia March 2nd to 12th, 2015:

Rotary Ethiopia played a gracious host to the Rotary Club of Bombay Chembur West (RCBCW), District 3140, India from March 2<sup>nd</sup> to 12<sup>th</sup>, 2015. The objective of the VVT program was "Capacity Building in Ophthalmology" by training eye surgeons in Ethiopia. RCBW supported the VTT team for the 10 day Ethiopia visit.

The team comprised of 3 super-specialists in ophthalmology, led by Rtn. Dr. Haresh Asnani (Past President of RCBCW, Dist. 3140), a Vitreoretinal Surgeon, Dr. Atul Seth, Pediatric Ophthalmologist a Squint Specialist and Dr. Akshay Nair, Oculoplastic Surgeon and Ocular Oncologist.

Beyond Eye Care, an organization that manages the OIA India Eye Center in Addis Ababa and RCBCW co-conceptualized the project that would address the need and paucity of sub-specialty training for ophthalmologists in Ethiopia.

In consultation with the Ministry of Health and Food, Medicine and Health Care Administration and Control Authority of Ethiopia (FMHACA), a detailed program was charted. The program included fruitful visits to OIA India Eye Center, Addis Ababa, St. Paul's Hospital, Menellik-II Medical College, ALERT Hospital in Addis Ababa and Referral Hospital, Hawassa.

The team conducted medical education programs, clinic workshops, video assisted surgical skills transfer for consultants, trainees, optometrists and nursing staff. The topics covered included a variety of retinal disorders, pediatric abnormalities and tumors of the eye.

The program benefited 14 Ophthalmologists, 25 Postgraduate Students, 40 Optometrists and 20 Ophthalmic Nurses. It included five teaching sessions, five surgical workshops and six clinical demonstration sessions. The aim of the program was to impact the level of ophthalmology and patient care during the visit. The program also aimed at building bridges, create connections, facilitate lasting bonds that are mutually beneficial to the ophthalmologists and the local community.

Rotary has yet again played a helping hand by envisaging, executing and enabling a worthy project.

#### **Contact persons:**

Pres. Aster Zaode and Dr. PP Haresh Asnani

Rotary Clubs of Entoto Ethiopia and Bombay Chembur West, India

Emails: azaoude@gmail.com or hareshta@gmail.com





Rotary

90<sup>th</sup> District Conference & Assembly is the place to be!

Click here to register. www.d9212dca.org

### **Charter Ceremonies Photo Gallery**









### Medical Camp in Eldoret, Kenya

Rotary Club of Utumishi under the leadership of President Dee-Vona Quadros hosted a mega medical camp at Illula Secondary School- Eldoret on 24<sup>th</sup> and 25<sup>th</sup> January 2015. The camp became a blessing to over 1000 patients who were attended to by our committed medical Doctors. Mosquito nets, prescribed medicine and school books were also distributed to the humble families of Illula community.

Our own dedicated Dr. Mir was also in the crew. This was a grand opportunity for him to do what he does best! Prosthetic hands! Multiple needy cases queued for the hand blessing and it came to pass that their prayers were answered thanks to Dr. Mir and his team.

Many Thanks go to the members of the Rotary Clubs of Eldoret and Bungoma. The Rotarians made us proud for their assistance and generous support. Special thanks to the 119 volunteers who gave us much support.

"Thank you very much for what you have done for me today. Only God knows what this hand means to me and my family. I am happy I can now work for myself and not depend on people for handouts," said Jonh, a prosthetic hand beneficiary.

We recognize the presence of the members of the Albino Integrated Ullula project who attended the Medical camp and received skin ointments.

" I dint have any ointment for my skin left. I was struggling to get some and so your generosity is such a blessing to me. May God bless you and the work of your hands," reiterated Mary, a person living with albinism.

A hearty thank you to all Rotary Club of Utumishi members who took their time to be at Eldoret and offered your support in one way or another. I am truly grateful as your Club President.

Most sincere gratitude goes to Past President Fridah Shiroya who spent sleepless nights to see the medical camp happen successfully.

We look forward to the 2<sup>nd</sup> medical camp in May 2015.

#### Contact:

President Dee- Vona Quadros

Email: dee\_vona\_quadros@hotmail.com

Nairobi Utumishi Rotary Club

## Senior Rotarian Rustam Hira,

Gifts are always precious. Some gifts are, however, more adorable than others. What makes the difference is the timeliness of a gift! Like cool waters in a dry and thirsty land, gifts bring with them a time of refreshment to the soul!

Rustam Hira, you are such a gift to Rotary Club of Nairobi South!

We honor you for your selfless leadership, mentorship. You are a pillar r of encouragement to all and especially for Rotary Club of Nairobi South. Your helpful and giving ways have amazed us all. You are generous and you display such unselfish deminor among us. Each time you have supported the courses of or Club and projects, it hasn't gone unnoticed.

Thank you for your kindness, we will not soon forget.

Thank you for your kindness. Thank you for being the person you are: kind and thoughtful, sensitive and considerate, a generous and thoughtful giver. You are unselfish always, putting others before yourself, making us feel special and important. It is a privilege and a pleasure for Rotary Club of Nairobi South to be part of you.

You are a person who makes life easier and better for everyone around you. We are strong because of you!

Email: gatuhi\_rakel@yahoo.com

Rustam Hira became a member of R C of Nairobi South on 18th. July 1981, he also served as an AG for Nairobi when there were only eight clubs.



Rotary









### A New Lease of Life

The Rotary Club of Milimani has engaged the health focus by providing a much needed lease of life to 13 children and 2 adults. The patients went through open heart surgeries from money raised from a

Global Grant totaling to USD 61,755 (eqvt Kshs. 5,329,456).

So far Kshs. 3,566,716 (USD41,329) has been utilized on the surgeries and a balance of USD 20,456 will be utilized for the remaining patients after screening. The surgeries were done at the Kenyatta National Hospital Heart Unit.

**Open heart surgery** is any type of surgery where the chest is cut open and surgery is performed on the muscles, valves, or arteries of the heart.

"Heart surgeries can trigger depression; counseling and medication come in handy in treating the much undesirable depression. When someone has a heart surgery, the immediate concern obviously is physical health. It becomes much better once survivors start down the road to both mental and psychological recovery," says Dr. Munene.

Much appreciation goes to Kenyatta National Hospital management team and staff for your unparalleled support for this worthy cause. You were always there when we needed you. May God Bless the work of your hands.

A hearty appreciation also goes to our Rotary Volunteer Doctors James Munene and Pieter Stowijk who carried out the surgeries for many hours. Your time and dedication cannot be valued in any worldly terms!

"Throughout this time when the Doctors were working on the Patients, one thing went through my mind. Thank you God for good health for me and my family. Thank you God for Doctors who many times have our lives in their hands and yet remain faithful to see us live!" said President Jane Mberia with tears rolling down her chicks.

#### Contact:

Pres. Jane Mberia

Email: jwmberia@yahoo.co.uk



# Clubs in Formation - Reminder

A kind reminder to all Presidents and DG's special representatives to send in duly completed Club application forms to my office for signature and onward submission to RI. Your prompt action is always a blessing to me!

NAME OF NEW ROTARY CLUB	SPONSOR CLUB	PRESIDENT	DISTRICT GOVERNOR'S SPECIAL REPRESENTATIVE
Rotary Club of Keringet	Nakuru	Victor Achoka	Roseline Jemeli assisted by Rtns. Victor Achoka & Hailey Williams
Rotary Club of Njoro	Nakuru	Victor Achoka	Kanti Chauhan assisted by Rtns Hitesh Pindoria & Sylvester Otenya
Rotary Club of Nyahururu	Nakuru	Victor Achoka	Catherine Waweru
Rotary Club of Kilimani	Utumishi	Dee-Vona Quadros	Cheryl de Souza
Rotary Club of Nanyuki	Nairobi-South	Rachel Gatabaki	Caroline Wanjihia/Eliud Mambo
Rotary Club of Mwea	Kirinyaga	Peter Warui	Dr. Cyprian Murithi Kamunde/Ann Susan Munge
Rotary Club of Yaya Centre	Karen	Esther Muthee	ТВА
Rotary Club of Changamwe	Bahari Mombasa	Florence Karimi	Jackee Waihenya Maina
Rotary Club of Mpeketoni	Malindi	Feisal Osman	Eric Mwashigadi
Rotary Club of Karura North	Karura	Margaret Munene	Monica Mwangi
Rotary Club of Kitale	Nakuru	Victor Achoka	Michael Musembi assisted by Edward Wahome
Rotary Club of Ruaraka	Industrial Area	Daniel Njamiu	Sanjay Karia
Rotary eClub of Nairobi	Nairobi	Kamal Sanghani	David Hastie
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CLUB IN FORMATION	SPONSOR CLUB	PRESIDENT	DGSR
Rotaract Club of Kiambu, Kiambu Institute	Kiambu	Lydia Njoroge	Rhoda Mathare
Rotaract Club of Odera Arango Campus	Siaya	Willy Amollo	Benard D. Opiyo
Rotaract Club of Presbyterian University of East Africa	Kikuyu	Ngugi Muchane	Jayne Ngugi
Rotaract Club of Masinde Muliro University	Kakamega	Joel Mukhanji	Joel Mukhanji/Sandra Harper/H.M Vaghela
Rotaract Club of Kirinyaga	Kirinyaga/Embu	Peter Warui	Dr. Cyprian Murithi Kamunde/Ann Susan Munge
Rotaract Club of JKUAT Karen	Karen	Esther Muthee	Esther Muthee
Interact Club of Yala	Siaya	Wilfred Omolo	Ben Didacus Opiyo

Brual Likantana

100







### Your health is your wealth

#### By Carole Kimutai

The Chinese saying that a journey of a thousand miles starts with one step is very true. On Saturday 17th January, District Governor Bimal Kantaria launched the Rotary Walkathon Challenge that required each Rotarian to walk 110Kms in seven weeks. The climax of the challenge was a Rotary Wellness Day that was held on Saturday 21st March 2015.

During the seven weeks Rotarians in the District walked and walked. Every week they religiously submitted the distance they had covered to their Club. That information was then sent to the Walkathon Secretariat. "We wanted something practical that would get all Rotarians involved in a physical activity. More than 20 Rotary Clubs participated in the Challenge," explains President Margaret Munene - President of the Rotary Club of Karura and the Chairperson of the Rotary Wellness Committee.

The Rotary Wellness Day was a day packed with activities that started with Karate aerobics in the morning, a Heath and Wellness open day that brought together various exhibitors and, a Public Lecture by Dr. Yusuf Dawood and Psychologist Chris Hart. Several awards were given to Rotarians who walked the most distance and the Rotary club that had the most members walking.

Rotarians also had the opportunity to go round the exhibition booths and get information regarding various aspects of health. Exhibitors included: AAR, Fat Lab weight management, Old Mutual among others. "I spent a lot of time at the dental and oral care booth. The dental expert took her time to explain to me why my child has in grown teeth and the treatment options available," explained Rotarian Catherine.

The Public Lecture was a show stopper as Dr. Dawood shared information about Cancer. "In Kenya Cancer is highly prevalent among people aged 30-40 years," he explained.

Chris Hart spent over an hour discussing communication within a marriage. He also gave the audience tips on how to select a partner to marry. "I learnt a lot especially on how I can communicate with my teenage son," said Rotarian Patrick.

# **Rotary Wellness Day Photo Gallery**







### Mount Kenya 2015 ANZAC Day Centenary

Can you imagine what it is like to stand on one of the highest mountains in Africa? To spend the day at a mountain lake carved by glaciers? To gaze across one of the longest, continually inhabited countries in the world?

Join the Coolamon and Wagga Wagga Sunrise Rotary Clubs of Australia on the Mount Kenya 2015 ANZAC Day Climb, and you'll experience all this and more! This 14-day adventure will push you to your limits and be more rewarding than you ever imagined.

Over 7 days, you will pass through five different climatic zones, with amazing views across the endless, grassy plains of East Africa and Mount Kenya's amazing topography. Your efforts on this amazing adventure will allow Rotary to continue our work in Kenya and South Africa, as well as support Legacy Australia on this Centenary of ANZAC Day.

- Climb Mt Kenya (Batian 5, 199 m or Point Lenana 4,985 m) and raise vital funds to help the children of Africa and the Legatees of Australia
- Watch the sun rise over the East African plains, from the summit of one of the tallest freestanding mountain in the world
- Trek for 7 days across lush rain forests and ice fields, over glaciers and through caves, enjoying the camaraderie of new friends
- Post climb Safari Options
- For more information and to register your interest

The 70+ year old Mount Kenya Trekkers will be wearing their backpacks with 12.5 kgs on their backs.

The Mount Kenya ANZAC Team will also be attending the 90<sup>th</sup> DCA to talk about the climb before setting off for Mt. Kenya, We encourage all of you to attend and see us speak and encourage us on the way!

#### Contact

John Glassford - Co-Team Leader

Rotary Club of Coolamon District 9700 New South Wales, Australia

61 2 6927 6027











### A Healthy Global Grant for Lower Kihara Primary School

Improving living standards, health and dignity through the building of decent toilet facilities for students and teachers of Lower Kihara Primary School was key to the project between the Rotary Clubs of Nairobi North, Bahari and Gwangmyeong.

A total of 12 toilets for boys and girls with urinals were constructed with hand washing and water storage facilities. A modern septic tank has since been constructed that will last nearly 7 years before emptying is required. A cleaner has been hired to ensure high hygienic standards and with the good supply of county water, the project is sustainable.

The project was undertaken between September 2014 and February 2015, and received invaluable support from numerous professionals. Among them, were Eugene Were (Architect), Josphat Mutinda (Quantity Surveyor), John Habu (Contractor), Rtn. Rose Kiriba (Sanitary bin and cleaning for one year) and Rtn. Jeff Gitau (Project Auditor).

They were ably supported by PDG Eric Kimani, Mr. Evans Gatura (School Headmaster), Rtn. Grace Githere (Project Manager), Mr. Ndungu (Area Chief) and Hon. Koinange (Area Member of Parliament), who assisted with all legal permits for the project from the Government, Health and Water departments.

The new toilets were officially handed over to the school administration on 6th February 2015.

For the students and teachers of the Lower Kahara Primary School they have been served with health, respect and dignity by the Rotary Clubs.

As Rotarians, we are simply lighting up Rotary for a better and healthier world!

#### Contact

President Elizabeth Kimani

Rotary Club of Nairobi North

Email: kimaniliz@yahoo.com

Rotary The Wall of Honour is Dedicated to any Rotary Club or Rotarian who successfully completes any part of the Presidential Citation in any given month. Hope to see many of you grace the District 9212 Wall of Honour. **RCJUBA** Rotary Clubs that 0 have sponspored newly Club with the most clubs chartered chartered Clubs Malind, Mombasa Utumishi, Nairobi Ind. Area, Ngong Hills., Nairobi, Kisumu Winam, Nakuru, Kisumu **RC** Meru Kavirondo Nairobi East, Juba, Dickson Mugendi Watamu, Mtwapa & Karura RC Thika 0 RC Bahari Mombasa For chartering 6 interact clubs, I WAI RC Mombasa rotaract club, I Rotary Club. OF HONOUR **RC** Industrial Rotary Club of Mombasa Area ø Pres. Carole Kimutai most RC Industrial Area with the consistent - articles for DG highest number of 90th eMagazine DCA registrants. ОЦЕ

# 90th District Conference & Assembly

LEISURE LODGE BEACH & GOLF RESORT 16TH -18TH APRIL 2015 MOMBASA, KENYA

We are Better Together

# Register Now







www.d9212dca.org

# **2015 ROTARY INTERNATIONAL CONVENTION**

# SÃO PAULO RRAZ

SATURDAY, 6 JUNE - TUESDAY, 9 JUNE 2015





GET YOUR GET NOW!!



# Welcome to the All Africa Breakfast

### **Date:** 8<sup>TH</sup> JUNE 2015

Venue: Hotel Novotel Sao Paulo Center Norte (Anhanguera Room)

> Avenida Zaki Narchi 500 VILA GUILHERME 02029000 SAO PAULO BRAZIL

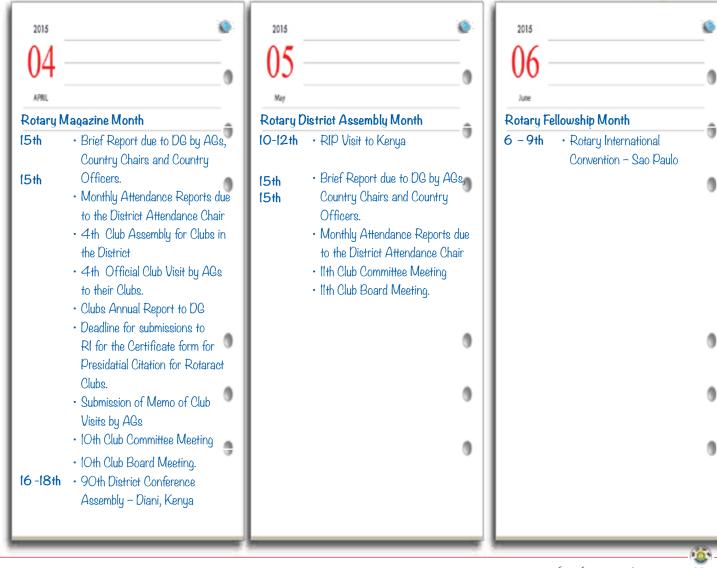
Time:

Rate:

7.00 a.m. USD \$35.00

> RSVP: <sup>S</sup> PDG GEETA MANEK D9212 E: geeta@maneknet.com

### 3rd Quarter Calendar | District 9212



Rotary

Polio still cripples thousands of children around the world. With your help, we can wipe this disease off face of the earth forever. Visit **rotary.org/endpolio** to help.



END POLIO NOW



# We are this close to Ending Polio.

